



Information
for **patients**

Women's Center
at **DIAGNOSTIC
IMAGING** of SALEM

My Appointment:

Date: _____

Time: _____

Procedure: _____

Our center is open from 7:30 am to 6:00 pm, Monday through Friday. Saturday appointments are available by request. Please ask a patient representative.

Following a doctor's referral to Diagnostic Imaging of Salem, our staff will speak with you on the phone about insurance and medical history, as well as answer any questions you may have regarding your appointment. We invite you and your family to arrange a visit to our facility before scheduling an appointment by calling 503-588-2674 or 888-999-7030.

Reminders:

- Bring your insurance card with you to your appointment.
- Arrive 15 minutes before your appointment.
- You are welcome to bring a friend or family member to stay with you during your MRI or Ultrasound.



The *image* of things to come

From the moment you enter our center you'll know something is different.

Instead of the clinical surroundings of a typical hospital or medical center, you will experience a relaxed setting with a caring staff of experts who provide prompt, courteous service. From the extra attention paid to your comfort before, during and after your test to the tranquil atmosphere of our imaging suite, the Women's Center at Diagnostic Imaging of Salem has created a patient-friendly environment second to none.

The waiting room of the Women's Center is completely separate from that of Diagnostic Imaging of Salem. While preparing for your test, you'll enjoy private changing rooms, comfortable cotton robes and self-serve refreshments. And for moms, we have a special children's area with toys and educational videos.

Just imagine: A healthcare facility completely dedicated to your comfort and convenience. This is diagnostic imaging the way it was meant to be.

ABOUT THE TESTS

Digital Mammography

Mammography is an X-ray of the breast that is the best method of early breast cancer detection. It is designed to detect early stage breast cancer in women experiencing no symptoms and to detect and diagnose breast disease in women experiencing symptoms such as a lump, pain or nipple discharge. Digital mammography is more effective at detecting certain cancers in younger women, or in breast tissue that may be more dense.

When preparing for your mammogram:

- Do not wear deodorant, talcum powder or lotion under your arms or on your breasts on the day of the exam.
- Describe any breast symptoms or problems to the technologist during the exam.
- If possible, obtain prior mammograms and make them available to the radiologist at the time of the current exam.

If you are pregnant, please tell our patient representative.



Hologic/Lorad Selenia

Full Field Digital Mammography

Our new Lorad Selenia full field digital mammography system from Hologic delivers quicker exam times, decreased radiation dose and less patient discomfort than any other mammography system available. With computer aided detection (CAD) software, we can find breast cancer earlier than before. All of our mammography exams are done with the Bioluminescent MammoPad for a softer, warmer and more comfortable experience.

DXA (Bone Densitometry)

A Dual-Energy X-Ray Absorptiometry (DXA) test is a bone density study used to determine whether or not you have osteoporosis or low bone mass. This test can also be used to detect tiny spinal fractures using vertebral fracture assessment or VFA. It is a fast, safe and painless test that measures bone strength and can predict your risk for bone fracture. In some cases, DXA is used to monitor response to specific medications.

In advance of your exam, please let the patient representative, radiologist or technologist know if you have had an MRI or CT scan within one (1) week of your scheduled appointment.

If you are pregnant, please tell our patient representative.



Hologic Discovery C **DXA (Bone Densitometry)**

Our new Hologic Discovery is an advanced DXA bone densitometer, combining the proven clinical value of Bone Mineral Density (BMD) measurement and vertebral fracture assessment (VFA) for analysis of the two most important factors related to osteoporosis risk. Its advanced Computer-Aided Fracture Assessment (CADfx) provides our radiologists with the ability to detect tiny fractures without high dose x-rays.

MRI

Magnetic Resonance Imaging (MRI) is a proven technique that is extremely helpful in evaluating the female pelvis and breast implant complications. This painless, radiation-free procedure uses magnets and a computer to create detailed images of the breast, which like a digital mammogram, can be studied from different angles. MRI is also the most accurate method to confirm suspected rupture of silicone or saline breast implants.

MRI does not utilize any form of ionizing radiation, so no special preparation is needed. You may eat normally and take your regular medication. Please wear comfortable clothing without zippers, metal buttons or snaps. This includes underwire bras as well. If needed, cotton scrubs will be available for you to use.

Because of the potentially harmful effects associated with all metallic objects in a magnetic field, you should check with your physician or MRI Technologist if you have:

- Pacemaker
- Ear implants
- Surgical staples
- Neuro-stimulator
- Aneurysm clip(s)
- Implanted drug infusion devices
- Worked as a welder or grinder of metal

With some examinations, an injection into a vein is required. The MRI technologist will explain the procedure further if your exam requires this.

If you are pregnant, please tell our patient representative.



Hitachi AIRIS Elite and GE Signa 1.5T **Open & Short-Bore MRI**

Diagnostic Imaging of Salem has two powerful MRI systems. The AIRIS Elite MRI system is open on three sides and is ideal for claustrophobic or larger patients. For some MRI examinations, a high field strength is required to achieve optimum results. Our GE Signa MRI includes a 60cm wide opening with an intercom, call button, lighting, music and ventilation for your comfort and convenience.

Ultrasound (3D/4D Capabilities)

Ultrasound, or sonography, produces images of the inside of the body by generating high-frequency sound waves. As the sound waves bounce off internal organs and tissues, they create echoes. A computer then translates these echoes into images on a screen, images that can show abnormalities (disease) within the body. The process is fast, painless and completely free of radiation or harmful side effects.

For Pregnancy or Pelvic Examinations:

- You may eat normally.
- Your bladder must be full for this examination. Drink at least 20 ounces of water 30 minutes prior to your examination. We recommend you avoid caffeinated beverages.
- Please do not urinate until after your examination is completed. If you are very uncomfortable, please notify our staff when you arrive.
- Allow 45-50 minutes for the examination.

Abdominal and Aortic Examinations:

- Nothing after midnight before your appointment.
- Allow 45-60 minutes for the examination.

Kidney Examinations:

- Drink 20 ounces of water one full hour before your examination.

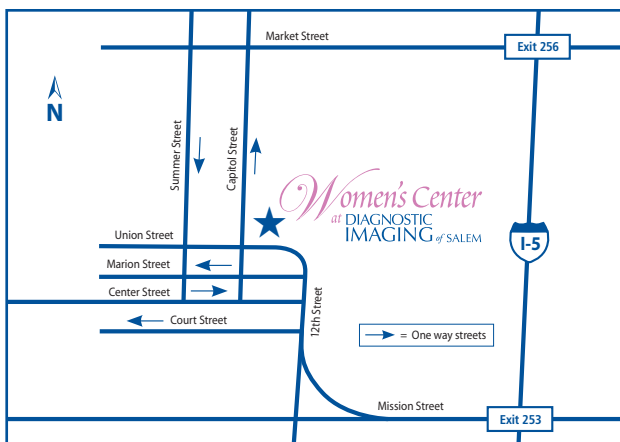
Examination of any other part of the body:

- No special preparation is required.



GE Logiq 9 **3D/4D Ultrasound**

Our state-of-the-art GE Ultrasound scanner provides better and more detailed images than the majority of the ultrasound scanners in use today. For several important applications, it achieves faster results, and enables more precise biopsies, better comfort for OB/GYN exams and more. It is also one of the safest diagnostic imaging tests available for patients.



Directions

Southbound I-5

- Market St exit #256
- Right on Market to Summer St (stoplight)
- Left on Summer St
- Left on Center St NE
- Left on 12th (becomes Union St NE)
- Center located on right just after curve

Northbound I-5

- Hwy 22E/Detroit Lake exit #253
- Left on Hwy 22/Mission St
- Exit Right for Willamette University/City Center - 12th St
- Follow sign to 12th St/State offices
- 12th St becomes Union St after Safeway
- Right into parking lot after the curve

Hwy 22W/ West Salem

- Stay on Center St as you come over bridge
- Left on 12th St (just past McDonalds)
- 12th becomes Union St
- Right into parking lot after the curve

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IMAGING of SALEM

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